

WINTER/SPRING 2020

ZUMBA GOLD

Adults 18+

Gold is based on the basic Zumba with modifications. This class is for active adults, beginners, and those who need modified exercise. All the moves you love at lower intensity with the same FUN.

MIN/MAX: 12/30

No Classes Week of March 23

Location: Community Activity Center-Activity Room

Instructor: Jessica Hunt



Age	Day	Time	Dates	Fee	Activity #
Adult	M/W/F	8:30-9:30am	1/6-3/13	\$75	354350-13
Adult	M/W/F	8:30-9:30am	3/16-5/22	\$75	354350-14

Please visit NormalParks.org for more information.

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